

Back in a Flash 5k **Back in a Flash 5k**

Wednesday 30 July 2014. 7:30 pm

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
1	0:17:05	BAMPTON, Alex	Uni Layabouts	Senior Male	05:29.8	57	1
2	0:17:10	CAMPBELL, Simon	Cirencester AC	Senior Male	05:31.4	49	2
3	0:17:22	WEDLAKE, Gavin	Highworth RC	Senior Male	05:35.3	31	3
4	0:18:19	RYAN, Paul	Swindon Striders	Senior Male	05:53.6	80	4
5	0:18:25	LEICESTER, Ian	Swindon Shin Splints	Senior Male	05:55.5	97	5
6	0:18:39	RAYMOND, Matthew	Uni Layabouts	Senior Male	06:00.0	58	6
7	0:18:39	BLUNDEN, Nathan	Swindon Harriers	Senior Male	06:00.0	81	7
8	0:18:43	WILTSHIRE, Corin	Swindon Striders	Male Vet 40	06:01.3	87	8
9	0:18:48	THOMAS, Daniel	Uni Layabouts	Senior Male	06:02.9	59	9
10	0:19:12	HOBBS, Mike	Bourton Road Runners	Male Vet 40	06:10.7	63	10
11	0:19:18	PADFIELD, James	Swindon Striders	Senior Male	06:12.6	71	11
12	0:19:23	OSMAN, Tim	Swindon Striders	Male Vet 50	06:14.2	73	12
13	0:19:34	BAILEY, Paul	Wroughton Whippets	Senior Male	06:17.7	84	13
14	0:19:50	BROWN, Barrie	Swindon Harriers	Male Vet 40	06:22.9	111	14
15	0:19:53	GASKILL, Brynn	Highworth RC	Male Vet 50	06:23.9	85	15
16	0:20:05	DABSON, Caine	Swindon Harriers	Senior Male	06:27.7	10	16
17	0:20:09	POWELL, Adam	Cirencester AC	Senior Male	06:29.0	124	17
18	0:20:14	SWEENEY, Peter	Swindon Striders	Male Vet 50	06:30.6	74	18
19	0:20:24	SEARS, Andrew	Highworth RC	Male Vet 40	06:33.8	36	19
20	0:20:25	BICKERSTAFFE, James	Swindon Striders	Senior Male	06:34.2	32	20
21	0:20:28	FRANCIS, Susan	Reading A.C	Female Vet 35	06:35.1	38	21
22	0:20:34	GOLDING, Kieran	Swindon Harriers	Senior Male	06:37.1	30	22
23	0:20:39	HOLLEBRANDSE, Wim		Senior Male	06:38.7	52	23
24	0:20:41	CRIPPEN, Chloe	Highworth RC	Junior Female	06:39.3	88	24
25	0:20:51	GREEN, Dan	Swindon Harriers	Senior Male	06:42.5	89	25
26	0:20:58	BOND, Chris	Swindon Striders	Senior Male	06:44.8	115	26
27	0:21:01	WALPOLE, Rob		Male Vet 40	06:45.7	93	27
28	0:21:12	COLLINS, Daniel	Slinn Allstars	Senior Male	06:49.3	20	28
29	0:21:13	FRANCOME, Jerry	Swindon Shin Splints	Male Vet 40	06:49.6	114	29
30	0:21:15	EVANS, Lee		Senior Male	06:50.3	69	30
31	0:21:15	BRIDGE, Andy	Slinn Allstars	Male Vet 40	06:50.3	122	31
32	0:21:18	FULLERTON, Neil	Swindon Striders	Male Vet 40	06:51.2	96	32
33	0:21:39	JONES, Simon	Swindon Striders	Male Vet 40	06:58.0	77	33
34	0:21:44	COCKS-MCCRACKEN, Sara	Highworth RC	Female Vet 35	06:59.6	140	34
35	0:21:46	PETTIT, Darren	Swindon Striders	Male Vet 40	07:00.2	106	35
36	0:21:47	SEAGER, Michael	Swindon Shin Splints	Male Vet 50	07:00.5	70	36
37	0:21:50	MUNDY, James		Senior Male	07:01.5	104	37
38	0:21:52	STIMSON, Doug	Highworth RC	Senior Male	07:02.2	17	38
39	0:21:56	SWEENEY, Jack		Senior Male	07:03.4	75	39
40	0:21:58	TURTLE, Steve	Swindon Striders	Male Vet 40	07:04.1	82	40
41	0:22:09	MCBETH, Caroline	Swindon Striders	Female Vet 45	07:07.6	29	41
42	0:22:16	RAYMOND, Jon		Male Vet 40	07:09.9	5	42
43	0:22:17	DEE, Diana	Highworth RC	Female Vet 45	07:10.2	21	43
44	0:22:29	SMITH, Chris	Horsforth Harriers	Male Vet 40	07:14.1	9	44
45	0:22:32	CAVE, Sarah	Swindon Striders	Senior Female	07:15.0	105	45
46	0:22:36	TAYLOR, Rob		Senior Male	07:16.3	86	46
47	0:22:40	HUMPHRIES, Rosalyn	Swindon Striders	Female Vet 35	07:17.6	110	47
48	0:22:44	KENNEDY, Karen	Newbury AC	Female Vet 35	07:18.9	120	48
49	0:22:59	FOSTER, Brian	Swindon Shin Splints	Male Vet 60	07:23.7	61	49
50	0:23:02	CHOULES, Peter	Newbury AC	Male Vet 50	07:24.7	119	50
51	0:23:11	CARTER, Chris	Highworth RC	Male Vet 40	07:27.6	99	51
52	0:23:14	WESTCOTT, Timmy	Swindon Harriers	Male Vet 50	07:28.5	132	52
53	0:23:18	MITCHELL, Andrew		Senior Male	07:29.8	131	53
54	0:23:27	QUINN, Sean	Swindon Shin Splints	Senior Male	07:32.7	130	54
55	0:23:32	BISSET, Matt		Senior Male	07:34.3	103	55
56	0:23:45	ELFORD, Gema		Senior Female	07:38.5	109	56

Thanks for supporting Grass Roots Events

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com **

Results produced by Grass Roots Events. Printed by Grass Roots Events on 30 March 2015

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Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
57	0:24:05	GARTH, Crispian	Swindon Harriers	Male Vet 50	07:45.0	25	57
58	0:24:15	HADLAND, Philip		Senior Male	07:48.2	107	58
59	0:24:21	GARTH, Jenny	Swindon Harriers	Female Vet 55	07:50.1	3	59
60	0:24:31	BUCHANAN, Angela	Swindon Striders	Senior Female	07:53.3	78	60
61	0:24:45	GILES, Louise		Senior Female	07:57.8	35	61
62	0:24:46	LEWIS, Brian		Male Vet 50	07:58.1	60	62
63	0:24:50	BRICE, Claire	Swindon Striders	Female Vet 35	07:59.4	134	63
64	0:24:55	WILSON, Judith	Yeovil Road Runners Club	Female Vet 55	08:01.0	67	64
65	0:25:01	SHEPHERD, Michelle	Swindon Shin Splints	Female Vet 35	08:03.0	55	65
66	0:25:06	ILLINGWORTH, Zoe	Swindon Striders	Female Vet 35	08:04.6	139	66
67	0:25:10	RIDLEY, Joanna	Swindon Striders	Female Vet 45	08:05.9	138	67
68	0:25:12	HIRSCH, Joanne	Swindon Shin Splints	Female Vet 35	08:06.5	64	68
69	0:25:34	DELAHAYE, Matt	Swindon Shin Splints	Male Vet 40	08:13.6	126	69
70	0:25:51	WOOLFENDEN, Jessica	Swindon Harriers	Female Vet 35	08:19.1	76	70
71	0:25:58	GIBBS, Hannah	Highworth RC	Junior Female	08:21.3	116	71
72	0:25:58	VAN DER VAART, Annemieke	Swindon Harriers	Senior Female	08:21.3	94	72
73	0:26:02	HATELEY, Steve		Male Vet 40	08:22.6	128	73
74	0:26:10	KERSHAW, Stephen		Male Vet 50	08:25.2	72	74
75	0:26:11	QUINN, Claire	Swindon Shin Splints	Female Vet 35	08:25.5	56	75
76	0:26:23	THOMAS, Barbara	Cirencester AC	Female Vet 55	08:29.4	11	76
77	0:26:31	DEARING, Georgina	Swindon Shin Splints	Female Vet 35	08:31.9	95	77
78	0:26:31	ROYLANCE, Samantha	Swindon Striders	Female Vet 45	08:31.9	40	78
79	0:26:35	ELDRIDGE, Polly		Senior Female	08:33.2	123	79
80	0:26:42	FOURACRE, Dave	Swindon Striders	Male Vet 70	08:35.5	101	80
81	0:26:47	TOWNSEND, Robert	Swindon Striders	Male Vet 50	08:37.1	79	81
82	0:26:47	BRADFIELD, Sarah	Highworth RC	Senior Female	08:37.1	46	82
83	0:26:48	DIGWEED, Jennifer	Purple Patch Runners	Female Vet 35	08:37.4	51	83
84	0:26:54	GRIFFITHS, Andrew	Swindon Striders	Male Vet 40	08:39.3	98	84
85	0:27:08	ENRIGHT, Sharon	Swindon Shin Splints	Female Vet 45	08:43.8	45	85
86	0:27:42	ROYLANCE, Abigail		Junior Female	08:54.8	83	86
87	0:27:44	WARD, Alice		Senior Female	08:55.4	135	87
88	0:27:51	HARKNESS, Liz	Newbury AC	Female Vet 65	08:57.7	26	88
89	0:27:52	STEARNS, Jasmine	Highworth RC	Junior Female	08:58.0	15	89
90	0:27:54	NUELL, Richard	Portishead Running Club	Male Vet 60	08:58.6	65	90
91	0:27:55	WARWICK, Karen	Slinn Allstars	Female Vet 35	08:59.0	19	91
92	0:27:55	GREEN, Sue	Swindon Harriers	Female Vet 45	08:59.0	92	92
93	0:27:56	GREEN, Rob	Swindon Harriers	Male Vet 50	08:59.3	90	93
94	0:28:05	PONTING, Shane	Swindon Shin Splints	Male Vet 40	09:02.2	43	94
95	0:28:17	RICKS, Peter	Swindon Striders	Male Vet 40	09:06.0	18	95
96	0:28:19	BROADBENT, Jackie	Swindon Shin Splints	Female Vet 55	09:06.7	62	96
97	0:28:21	GREEN, Sam		Senior Male	09:07.3	91	97
98	0:28:24	GALLAGHER, Nicole		Senior Female	09:08.3	34	98
99	0:28:30	CARTER, Tracey	Highworth RC	Female Vet 35	09:10.2	100	99
100	0:28:31	STEARNS, Nicola	Highworth RC	Female Vet 35	09:10.6	12	100
101	0:29:11	REED, David		Male Vet 50	09:23.4	133	101
102	0:29:36	BALL, Wendy	Highworth RC	Female Vet 45	09:31.5	125	102
103	0:29:43	LUSCOMBE, Steve	Warminster RC	Male Vet 60	09:33.7	121	103
104	0:29:47	BENNETT, Catherine	Slinn Allstars	Female Vet 35	09:35.0	113	104
105	0:30:40	CORNWALL, Anthony	Swindon Shin Splints	Male Vet 40	09:52.1	39	105
106	0:30:44	QUINN, Debbie	Swindon Shin Splints	Female Vet 55	09:53.4	54	106
107	0:30:51	BRYAN, Martin		Male Vet 60	09:55.6	42	107
108	0:30:53	PEARSON, Vic	Newbury AC	Male Vet 60	09:56.3	27	108
109	0:31:07	HADLAND, Julia		Female Vet 45	10:00.8	108	109
110	0:31:10	MATTHEWS, Lisa	Slinn Allstars	Female Vet 35	10:01.7	112	110
111	0:31:15	PEARSON, Rosalind	Newbury AC	Female Vet 55	10:03.3	28	111
112	0:31:19	GIBBS, Jenny		Senior Female	10:04.6	117	112
113	0:31:20	GIBBS, Andy	Highworth RC	Male Vet 50	10:04.9	118	113
114	0:31:58	SHEPHERD, Clive		Male Vet 40	10:17.2	44	114
115	0:33:11	PRATT, Margo		Female Vet 55	10:40.7	102	115
116	0:34:00	CHAPPELL, Dawn	Slinn Allstars	Female Vet 45	10:56.4	7	116

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117	0:34:25	ISAAC, Sophie	Devizes Running Club	Senior Female	11:04.5	127	117
118	0:34:42	BRENNAN, Esther		Female Vet 45	11:09.9	68	118
119	0:34:59	STEARNS, Daniel	Highworth RC	Junior Male	11:15.4	14	119
120	0:35:01	TOMBS, Linda		Female Vet 55	11:16.1	6	120
121	0:36:37	GORROD, Debbie		Female Vet 65	11:46.9	41	121
122	0:37:11	HATELEY, Tina	Slinn Allstars	Female Vet 35	11:57.9	129	122
123	0:41:58	MCCABE, Kate		Female Vet 35	13:30.2	136	123
124	0:41:58	JOHNSON, David		Senior Male	13:30.2	137	124

There were 124 finishers in the All Competitors category.

Thanks for supporting Grass Roots Events